COVID-19 cases continue to appear in the region and within the organization. This is a reminder to everyone that we all must do our part to protect the people we support, our coworkers and loved ones.

Please ensure that you remain diligent and follow proper IPAC measures. A reminder that you must be wearing your mask at all times except when outdoors or eating or drinking; if you are taking your mask off to drink/ eat, you must ensure you are not in the same room with other coworkers who have their mask off. Remember that proper hand hygiene and distancing when possible is essential. It is also imperative to remember not to come to work when you are sick.

If you have been exposed to COVID from someone at work and are symptomatic or asymptomatic, you should come and get a PCR test at the ORC pharmacy. If you are asymptomatic and exposed outside of work, you are asked to go to the Beechgrove Assessment Centre to receive a test.